

“Living the Life You Love”

Deb Geiger Rochau is an educator, mentor, motivational speaker, and professional life coach. Her unbridled enthusiasm along with her ability to motivate, encourage, and inspire others creates an environment for individuals to thrive. She meets people where they are, values each person’s individuality and helps her clients live their best life.



Deb has dealt with her own struggles and setbacks, in addition to successes in life. Each of these setbacks, as well as successes, has created valuable stepping stones to her ongoing growth and dedication to helping others. She has a Master’s degree in education and prior to becoming a life coach, she served the Special Needs community. She knows what it means to advocate for people. She is acutely aware of how important it is to have someone in your corner who is willing to go to bat for you and value your individuality.

Deb is most passionate about helping women dig deep into who they really are, who they want to be, and what they want out of life. She encourages women to live a connected life. First and foremost, connecting with themselves, then genuinely connecting and sharing their greatness with others. Regardless of where we currently are in our lives or professional careers, most women put the needs of others first. It’s time to value and honor your greatness first. Deb can help explore what that means for you and how to embrace and put into action how you can do things differently to live your best life.

